THAT SUGAR FILM

Presenting the award winning Australian documentary
“THAT SUGAR FILM”

That Sugar Film is one man’s journey to discover the bitter truth about sugar. Damon Gameau embarks on a unique experiment to document the effects of a high sugar diet on a healthy body, consuming only foods that are commonly perceived as ‘healthy’. Through this entertaining and informative journey, Damon highlights some of the issues that plague the sugar industry, and where sugar lurks on supermarket shelves. That Sugar Film will forever change the way you think about ‘healthy’ food.

This film and its message about the health issues associated with eating too much sugar have been making headlines not only on a local level but also globally. This film is vital viewing for all parents.

We suggest parents bring their children to watch this film with them, especially children in Stage 2 right through to teenagers. It will definitely be a great topic of conversation afterwards. At the end of this presentation there will be samples of low sugar and sugar free foods.

When: Monday 27th February
Time: 5.50pm for a 6pm start
Where: St Joseph’s Alstonville
Stage 3 rooms
Who: Parents and Children
Child care available for younger children
Contact: Parent Assembly Representatives
Deb, Sarah, Karen & Gabby
Registration: Click HERE or go to
https://goo.gl/UMk0Rl

A FREE EVENT FOR ALL PARENTS & CAREGIVERS IN OUR PARISH SCHOOLS