Dear Parents,

The parish was fortunate to have Bishop Homeming visit last Saturday. He talked to parishioners in the morning then the Parish Pastoral Council enjoyed a Q&A opportunity with him after lunch.

One thing he said, amongst many great thoughts, was the idea that we have all been born with the ability to talk to God. This thought was first shared by St Teresa of Avila in about 1580. He talked to us about not living life any less...keep searching for what you seek. It is our experiences of God that causes questions and creates the challenges of our life. And it is in our response that life proceeds.

This same thought pattern was certainly evident last Wednesday for all of S2 & S3 when we were able to enjoy a talk from Mat Lee. Mat spoke of overcoming adversity after his near fatal altercation with a shark in July 2015. He encouraged the students to set themselves goals, plan to achieve them but to not be disconcerted if we had obstacles in our path. He talked of perseverance, resilience and a growth mindset.

He explained to us all that the search for meaning in life seemed very difficult while he was lying in hospital for 2 months during the initial recovery period. Judging by where he is now that search has taken him to new places. He encouraged the students to seek help from family, friends, teachers or others when things got tough. But keep trying and seeking.

I explained to those present for the talk on Wednesday that I had taught Mat many years ago. He was then a very quiet unassuming student who did not enjoy fuss or limelight. And there he stood in front of us on Wednesday sharing his story with great skill.

Circumstances in his life had led to these changes and he embraced the new possibilities - he certainly does not live his life any less!

This was a great lesson for our students. You can see some of the results of their thinking in this Newsletter and on display in the foyer.

Thank you to Mrs Spash and Mrs Wagland for presenting to Rotary last Wednesday and explaining all about Radio Club. A great opportunity spread the word about the great work our students are involved in locally!

Congratulations to Miss Kingsford and Miss Miles on successfully applying for a $5000 grant to extend our STEM agenda with a Maker Space in the Library. More information in coming weeks.

Congratulations and our best wishes to Lee and Naomi, parents of Callum Curtis on their marriage last Saturday.
Every best wish, good luck and lots of prayers go to all the **HSC students** as they begin their exams this week. Do your best but be kind to yourself!

**Prayers please for Mr Wardrop, our Maintenance officer,** as he deals with a gall bladder operation. He will be operated on this week and out of action for a while. Speedy recovery John.

**Expressions of Interest Welcomed:**

We have also been successful in gaining a grant from the Catholic Schools Office to create a **sensory garden** here at school. A sensory garden, situated near Mr Wardrop’s shed and the sandpit, would consist of play spaces for students. The spaces would include climbing walls, plantings that have fragrance, differing ground surfaces, fixed small equipment pieces, bridges and walls.

A **sensory garden** is a garden environment that is designed with the purpose of stimulating the senses. This stimulation occurs courtesy of plants and the use of materials that engage one’s senses of sight, smell, touch, taste, and sound.

We are seeking a parent with an interest or talent in gardening to assist with the development of this site. If you might have the time and interest we would like to hear from you really quickly or we will need to outsource this project (probably at greater cost).

**Staffing Update**

Last week we interviewed for staff positions for 2018. We congratulate Mrs Spash, Miss Fitness and Mrs Wagland on their appointments. We welcome Miss Julia Boyle and Mr Philip Crosby to staff for 2018. Mrs Jan Seymour and Mr Peter Slattery will be working in part time positions as will Mrs Moloney. Mrs Lidbetter will also be working in a part time capacity and Miss Lovett will be taking leave for 2018. The arrangement of these staff members will be advised soon.

**Alstonville Show** is next week- We have been notified of a Tug of War competition taking place at the show. We are seeking S3 interest in forming a tug of war team for Alstonville Show and a parent to assist with this. Please contact Paddy Wilde if you are interested. See advert on back page.

We will have a display at the Alstonville Show and we are hoping students are considering entering in the cooking, garden produce and art sections. **All information for entering in the show is available in the office or in Recent notes on our webpage.**

**Uniform Reminder**

Our students have been wonderful in wearing their school uniform proudly this year. In the last few weeks of last term we saw that slipping a bit so we are now reminding all students that the wearing of full correct uniform is expected at all times. This includes the correct shoes (not coloured joggers or skate shoes), school hats (some are wearing very dilapidated hats) and hair tied up if shoulder length with no hair covering eyes and appropriate hair styles (boys and girls). We seek support in ensuring this is addressed please.

**Colour Run**

The Colour Run fundraiser will take place on Friday 3 November from 1.30pm. The colour run is our final attempt to finish the school air conditioning program. We need about $16,000 to do this.

Students have all been encouraged to seek sponsorship for the Colour Run. This may be collected in person or online by direct payment to SJSA BSB 062-565, Account 10075036 ref: Colour Run and with the student’s name. Every student who gains sponsorship will go into the draw for prizes. There will also be significant prizes given for lucky draws and the highest fundraiser. Prizes are on display in the office from this week.

Students may wear **old clothing** to school on this day that will then be coloured during the run (white T-shirts are not required). During the run the students will take turns in running a circuit on our playground. This circuit will involve some obstacles too. As they run the students will be showered with a variety of colours (The colours are made from edible maize starch with colours added. The company who supplies the colours guarantees they do not cause skin reactions but suggests we do not use water in the colour run)

At the completion of the run there will be BBQ sausage sandwiches available for all participants. There will be drinks on sale. For students who need to go home by bus or car pick up we will have them in the right places by 3.20pm. Everyone else is welcome to stay...
and enjoy the afternoon on the playground. (For children going home by bus on this day a change of clothes might be a good idea).

Therese Seymour

Makerspace in the Library

Last term we were lucky enough to secure a grant to create a Makerspace in the Library. So what is a Makerspace?

A Makerspace enables students to explore, create, collaborate, think and learn without the use of technology. Ms Kingsford and Miss Miles are offering students the opportunity to tinker in the Makerspace during lunchtimes. We will begin with Tinker Tuesday’s for ES1 and S1 students and Maker Thursday’s for S2 & S3 students.

Date for your diaries:

In Week 9 – Friday 8 December we will be hosting a Maker Day where we invite Parents and Grandparents in to see our Makerspace and all that we have created this term. We look forward to showcasing our creativity to our school community later in the term. Kasey Miles

From the School Secretaries: Please place cash money payments in an envelope when sending to school office. Mark envelope with surname, class & amount enclosed. Thanks

School Radio Club Roster

Our School Radio Club is growing. Children are now on a fortnightly roster. Please meet Mrs Spash at the office with your lunch at 12noon on your rostered day.

Even weeks:

Monday: Kiancie and Angus, Annika and Lucy
Wednesday: Liana, Tilly H, Charlotte B, Fergus and Lachlan H
Thursday: Millie L, Amelia P, Tilly, Rachel and Maggie
Friday: Emily and Eliza, Matt B and Olly H

Odd weeks:

Monday: Ava G and Ava A, Grace and Claudia
Wednesday: Clair and Matilda, Van and Lachie J
Thursday: Elliot and Tyson, Amelia, Felicity and Rhannon
Friday: Mary and Amy, Bella D and Nova

Mrs Libby Spash:
Leader of School Evangelisation

Do you want to know more about Christian Meditation at our school?

Come along and join us for a parent and staff information session next Wednesday 18 October 3:45-4:45pm in the Stage Three breakout room. During this session, you will learn what Christian Meditation is about, how to do it, why we do it and more.

This is the beginning of a number of parent sessions about the What, How and Why of our Catholic Faith due to many requests we have received from parents to support them in their own understanding. This is presented in a non-threatening environment so please come along!

All parents and friends welcome, no prior knowledge is necessary. Childcare provided.

From Mrs Lyn Rowling
School Chaplain/Wellbeing

Socktober

At assembly on Friday students were informed about Catholic Mission focus to Sock It to Poverty in Uganda. Our goal is to raise $1040 to fit out two simple ambulances for a Ugandan village to provide transport from outlying villages to a medical facility.

On Tuesday, 24 October we will be holding Crazy Sock Day. On this day we will be running lunchtime activities to help us with our fundraising. Students may wear different socks on this day and participate in lunchtime games for a small cost. Please send some extra pocket money with your child on this day. We will have items to sell at the canteen, sock games, puppet making, and the stall.

As part of the fundraising I hope to set up a secondhand stall with toys, games and books in good condition. Please encourage your child to donate an item to this stall. Items can be sent in anytime and left in Mrs Rowling’s LAP room until this day.

I am looking for a parent or two who may be able to spare some time to assist with setting up and supervising this stall for me on this day or help with another activity. If you can help please message me on 0410 439 490 as soon as possible as this will assist my planning.

Throughout October all Stages will have a sock in which to place spare cash to add to the cause. The Stage raising the most money will win a prize.

Your support of Catholic Missions is greatly appreciated and development of empathy towards the less fortunate is a vital life skill for your child.

Please mark this date on your calendar and look out for reminders via Skoolbag and Facebook as there is no newsletter before this date.

Any questions please get in touch, Let’s Sock It to Poverty, Lyn R

REMINDER FOR DIGIFEST 2017:

DUE DATE HAS BEEN EXTENDED UNTIL WEDNESDAY the 25th of OCTOBER

Remember your film can feature your friends (you and your school friends) and lovely teachers! (With their permission of course). Importantly you will all get to enjoy making your own film for St Joseph’s Schools Short Film Festival. There are 9 categories to enter you can enter one category or all. Each category has a theme to adhere to and should try and be no longer than 7 minutes.

CATEGORY ENTERED: THEME:
Animation / Cleverisation / Stop Motion: World Adventures
Documentary: Exploring our own Backyard (Region)
Musical / Dance: Happiness is
News / Entertainment News / Current Affairs: How to make a difference
Short Film: Your choice or a combination of the themes

All entries are to be submitted to the school office on USB in MP4 format in an envelope clearly marked DIGIFEST 2017 with your SS Entry Fee and Entry Term.

Who will be our Winners for 2017????

If you would like to be more get your parents to go to Glitter awards on our St Joseph’s Facebook page scroll down to find the entries from 2015 to give your own vote. Use your judgement.

Let your imagination run wild! ... and just maybe we will discover our next Steven Spielberg ...

And ACTION.~~~~~~~~~~~~~~~~~~~~~~~~~~~~

Sarah Atwood - 0418 552 282
DIGIFEST Committee

There is great excitement in STEM this week as kids from Kinder to year 6 get to experience the joy of coding robots. St Joseph’s have been fortunate enough to borrow a Sphero kit from the University of Adelaide. We look forward to many coding adventures across the curriculum in Term 4!
The following children have celebrated their birthday since our last Newsletter:

- Taj Bednall
- Molly Wilson

Happy Birthday from all of us

---

**ALTAR SERVERS ROSTER**

**Saturday 21 Oct:** Lavinia, Anysia, Elias & Ilaria Blenkorn, Kiclzie Freebody

**Sunday 22 Oct:** Declan Robinson, Caitlin Richardson, Eliza & Amelia Lamas

**CHILDREN’S SUNDAY LITURGY**

- **22 October**
  - Alstonville 8.30 am: Rochelle Penhey, Laurel Newton,
  - Wardell 5.30 pm: Suzanne O’Keefe

---

**CANTEEN ROSTER TERM 4 2017**

**WEDNESDAY**

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Term</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.15-10.45</td>
<td>Year 5</td>
<td>9.15-10.45</td>
<td>Year 6</td>
</tr>
<tr>
<td>10.50-11.50</td>
<td>Year 2</td>
<td>10.50-11.50</td>
<td>Year 1</td>
</tr>
</tbody>
</table>

**FRIDAY**

**WEDNESDAY**

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Term</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.15-10.45</td>
<td>Year 6</td>
<td>9.15-10.45</td>
<td>Year 1</td>
</tr>
<tr>
<td>12.40-2.10</td>
<td>Year 3</td>
<td>12.40-2.10</td>
<td>Year 4</td>
</tr>
</tbody>
</table>

---

**LIFE EDUCATION TIMETABLE**

**Wednesday 11 October**

Sometimes I take things for granted, such as running and even walking. We had Mat Lee, a shark attack victim come to our school and talk to us this morning, and it was very inspirational to hear what he had to say. He talked about the struggles and challenges he had to face whilst in the hospital and during rehab. He was telling us how hard it was for him to stay positive and happy as he knew his life would never be the same again.

The shark grabbed Mat’s legs and made a very big dint in his left leg. Mat had a very strong mindset, even though it was hard at times. He talked about how he set personal goals, and how important it was for him.

I think Mat is a very brave and inspirational person and it was so good to hear how he always kept persisting even when times were tough. Mat’s story really got me thinking about how I complain about the smallest things when I should be grateful for the things I am fortunate to have. Mat Lee is an amazing person and I’m so glad I got to hear his story.

- Holly Oates, S3

---

**CANTEEN... Special this Wednesday**

Special Fried Rice with or without chicken $4.50

The following children have celebrated their birthday since our last Newsletter:

- Taj Bednall, Molly Wilson

**HAPPY BIRTHDAY FROM ALL OF US**

---

**Which is healthier: Fresh, Frozen or Canned vegetables?**

Buying your fresh vegetables in season means they are at their peak nutritional value and at their cheapest. It’s important that they ARE fresh, though, because as the time they are stored increases, their nutrients decrease. Frozen vegetables have their nutrients locked in by the freezing process shortly after gathering, so they are a good option; steam or microwave in a little water for best results. Canned vegetables are a little less nutritious as the canning process affects heat-sensitive vitamins EXCEPT for canned tomatoes where the antioxidants are made more available by the heat! Remember when using canned vegetables to get the low salt varieties. Whenever you use it’s great that you’re getting the important five serves a day for your family!